

# POLICY MANUAL

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**Subject:** Waived Testing

**Effective Date:** January 2011

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**Initiated By:** Nita Chester RN  
Director of Nursing

**Approved By:** Chapman Sledge  
Medical Director

**Review Dates:** 04/12 NC

**Revision Dates:**

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**POLICY:** Cumberland Heights is held to the standards of the Clinical Laboratory Improvement Amendments (CLIA). To keep with these standards only CLIA approved devices will be used for diagnosis and treatment. Training regarding these devices is conducted during orientation and then annually.

**PROCEDURE:** The following tests are conducted at Cumberland Heights that require CLIA waiver:  
Inpatient:

- Urine Pregnancy test. This test is performed on every female patient on admission within child bearing age who has not had a hysterectomy. If the urine pregnancy test returns positive a stat blood pregnancy test is obtained to confirm this diagnosis (see also critical labs). These results are then documented in patient medical record. Manufacturer's instructions are on each individual test. Expiration dates are checked on a weekly basis.
- Instant Urine Drug Screen: An instant UDS is complete on every admission and randomly as needed. The manufacturers' instructions remain with the cups if needed for reference. Expiration dates are checked on a weekly basis. The urine is held for 24 hours in refrigeration. After the physician reviews the results it is determined if urine is sent off for confirmation. These results are then documented in patient medical record. If no confirmation needed then the urine is discarded.
- Rapid Strep A: The physician will evaluate patient for signs and symptoms. During the assessment if patient is suspected of having Strep then the physician will obtain a culture and test instantly. Results will then be documented in patient medical record. The manufacturers' instructions remain with test if needed for reference. If there is a positive result then the physician will take the appropriate action to treat the infection. The expiration dates on reagents and test strips are checked on a weekly basis.
- Blood Glucose testing: Cumberland Heights maintains 2 glucometers. The glucometers are testing nightly for quality control and checked for any expiration dates (see also Blood Glucose Monitor-Quality Control Testing.) The controls are logged nightly in QM log. If patient is tested and the results are abnormally low or high then the physician is notified for further instructions. Results and any orders or follow up are then documented in patient medical record. If a patient is performing his own glucose testing he is observed by staff as well as results until patient has proved to be competent in this area.

Outpatient:

- Urine Drug Screen is completed on every admission and randomly as needed. Results are documented in patient medical record. The manufacturers' instructions remain with the cups if needed for reference. Expirations dates are checked on a weekly basis. Based on the patients use history indicates the need for confirmation.